

**COST Action 99 – EUROFOODS**  
**Research Action on Food Consumption and Composition Data**

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Working Group on Food Data Management and Interchange

## **Inventory of European Food Composition Databases and Tables**



edited by  
Florian Schlotke, Switzerland  
Anders Møller, Denmark



European cooperation  
in the field of scientific  
and technical research



European  
Commission



# Introduction

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One aim of the working group on Food Data Management and Interchange of COST Action 99 is to promote international food composition data interchange throughout Europe. Thus contributing to closer co-operation and use of resources in the field of food composition data. In order to develop better means and standards for data interchange we needed information on the availability and quality of food composition data in Europe. Interestingly, most providers of such data consider data interchange important or very important for their work. It was even offered to co-operate by "file swapping", i.e. to trade one food composition database for another.

This inventory is an update of a series of earlier publications [1, 2] and a complementary effort to the International Food Composition Tables Directory [3] maintained by the INFOODS organisation (International Network of Food Data Systems). The inventory has been updated by incorporating replies received in response to questionnaires distributed to the COST 99 representatives in each of the 28 member countries in 1995, 1998 and 2000.

The Inventory is also available on the Internet at <http://food.ethz.ch/cost99/db-inventory.htm>. It is unclear, however, whether this site can be maintained in the future. Therefore we will forward the information to be incorporated in the INFOODS directory.

This inventory is structured by countries. For each country we list the major institutions involved in the production or compilation of food composition databases. For each institution, a list of publications is provided. Publications may be food composition tables printed as books, provided as electronic data files, or distributed together with software applications. Typically, institutions maintain a centralised food composition database from which several types of tables are extracted and regularly published in updated editions.

F. Schlotke  
Zurich, January 2000

## References

- [1] Arab, L., Wittler, M., Schettler, G.: European food composition tables in translation. Springer Verlag, Berlin, Heidelberg, 1987.
- [2] West C.E. (ed.): Inventory of European Food Composition Tables and Nutrient Database Systems. National Food Administration, Uppsala, Sweden, 1989.
- [3] INFOODS: International Food Composition Tables Directory,  
<http://www.fao.org/infooods/fdtables/0fdtable.htm>

## Editors

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## Responsible Organisation

Institut Paul Lambin  
Clos Chapelle-aux-Champs, 43  
1200 Brussels  
Belgium  
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Tel.: +32-276 446 46  
Email: lambin@ipl.be

## Contact Person

Prof. Marguerite Jossart  
Tel.: +32-276 446 85

## General Database Information

Nr. of Foods: 2025  
Covered Food Groups: All  
Types of Food: Basic Foods: 36%  
Data is Suitable for: Natl. Use Only: 100%  
Languages: French  
Food Description: LanguaL  
Component Description: INFOODS Tag-names  
Value Description: no method information

## Publications

[Book]	Table de Composition des Aliments. Institut Paul Lambin, 2000.
Languages:	French
Nr. of Foods:	2025
Year of First Ed.:	1998
File Available as:	CD-ROM planned
Nr. of Components:	36
Next Ed. Planned:	

## Responsible Organisation

NUBEL V.Z.W-A.S.B.L.  
Rijksadministratief Centrum  
Pachecolaan 19 B5  
1010 Brussels  
Belgium  
Fax: +32 2 210 42 26  
Tel.: +32 2 210 48 28  
WWW: <http://www.nubel.com>

## Contact Person

Mrs. Carine Seeuws  
Dietitian  
Email: [carine.seeuws@health.fgov.be](mailto:carine.seeuws@health.fgov.be)

## General Database Information

Nr. of Foods: 6800  
Nr. of Components: 37  
Covered Food Groups: All  
Types of Food: Basic Foods: 10% Dishes: 5% Brands: 85%  
Data is Suitable for: Natl. Use Only: 70% Internat. Use: 30%  
Data is Based on: Own Analysis: 40% Literature: 25%  
Calculation: 20% Estimation: 15%  
Languages: Dutch, French  
Food Description: Based on Belgian legislation (not published); plus Langual codes  
Component Description: Based on report on recommendations on nutrients for the Belgian population by the Food Council of the Ministry of Public Health  
Value Description: Nonauthorisation of the methods of analysis

## Copyright Policy

Private Use: BEF 27.000  
Use in Other Databases: License BEF 27.000  
Commercial Use: License BEF 27.000; Royalty BEF 1.000

## Further Remarks

Also available: NUBEL Voedingsplanner (Dutch) and NUBEL Planning Alimentaire (French), Software application on CD-ROM, (Cost 900 BEF)

## Publications

[Book] ir. R. van Havere, Prof. E. Muls, Ms. C. Seeuws: Belgische Voedingsmiddelentabel, 3. Ed., NUBEL v.z.w., B-1010 Brussels, 1999.

Languages: Dutch  
Nr. of Foods: 650 Nr. of Components: 24  
Year of First Ed.: 1992  
Software: NUBEL: Voedingsplanner; Planning Alimentaire (Windows 3.1)

[Book] ir. R. van Havere, Prof. E. Muls, Ms. C. Seeuws: Table Belge de Composition des Aliments, 3. Ed., NUBEL a.s.b.l., B-1010 Brussels, 1999.

Languages: French  
Nr. of Foods: 650 Nr. of Components: 24  
Year of First Ed.: 1992  
Software: NUBEL: Voedingsplanner; Planning Alimentaire (Windows 3.1)

## Responsible Organisation

Human Nutrition Dept.  
Institute of Public Health of Croatia  
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## Contact Person

Ing. Katica Antonic.Degac  
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## General Database Information

Nr. of Foods: 680  
Nr. of Components: 34  
Covered Food Groups: All but 10  
Types of Food: Basic Foods: 78% Dishes: 18% Brands: 4%  
Data is Suitable for: Natl. Use Only: 100% Internatl. Use: 100%  
Data is Based on: Own Analysis: 35% Literature: 40% Calculation: 25%  
Languages: Croatian  
Food Description: Croatian names, Eurocode 2 food classification  
Component Description: Energy, nutrients and their abbreviations  
Value Description: Each value is systematic evaluated; minimum/maximum provided but not published.

## Copyright Policy

Private Use: DEM 16 (HRK 60); DEM 8 (HRK 30) (students)

## Publications

[Report] A. Kaic-Rak, K. Antonic: Tablice o sastavu namirnica i pica. National Institute of Public Health of Croatia/ORBISORBIS, Zagreb, 1990.

Languages: Croatian  
Nr. of Foods: 560 Nr. of Components: 34  
Next Ed. Planned: 2000  
File Available as: ASCII file  
Software: HRANA/programme language -ZIM, PC computer

## Responsible Organisation

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## General Database Information

Nr. of Foods: 67  
Nr. of Components: 23  
Covered Food Groups: All but 8,9,10,11,13  
Types of Food: Basic Foods: 50% Brands: 50%  
Data is Based on: Own Analysis: 100%  
Languages: Greek  
Food Description: INFOODS food description system  
Component Description: INFOODS tagnames  
Value Description: Information about method of analysis for each value/component. Internal quality control (certified reference materials, control charts etc.).  
External q.c./proficiency testing.

## Copyright Policy

Use in Other Databases: free of charge

## Further Remarks

Components covered are: fats, proteins, carbohydrates, dietary fibre, minerals and traces.

## Publications

[Book] D. Akkelidou, R. Argyrides, S. Giannopoulos: Food Composition Tables of Cypriot food. Press and Information Office for State General Laboratory, 1999.  
ISBN: 9963-38-212-6  
Languages: Greek  
Nr. of Foods: 67 Nr. of Components: 23  
Year of First Ed.: 1994 Next Ed. Planned: 2002  
File Available as: dBase (dbf) file  
Software: Fox-Pro

## Responsible Organisation

Centre of Hygiene Food Chain in Brno  
National Institute of Public Health Prague  
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## Contact Person

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## General Database Information

Nr. of Foods: 500  
Nr. of Components: 19  
Covered Food Groups: All  
Types of Food: Basic Foods: 100%  
Data is Suitable for: Natl. Use Only: 100%  
Data is Based on: Literature: 85% Estimation: 15%  
Languages: Czech, English (only database file)  
Food Description: in-house coding system  
Component Description: INFOODS tagnames

## Further Remarks

The food composition table have been prepared as a part of food basket survey in the Czech Republic. It serves particularly for total diet study and also for nutritional evaluation of food intake. The table is compiled and contains information about the most frequently consumed foods in the Czech Republic. Data have been obtained from pre-existent Czech, Slovak and English literature sources. The origin of all data is mentioned, together with information about assumptions, estimates and calculations. The composition of foods is expressed in edible part after calculation to 100 grams of food.

## Publications

[Book] J. Ruprich et al.: SKP pro CR : Doplnující epidemiologické studie a data.  
National Institute of Health, Brno, 1997.  
ISBN: 80-7071-076-4  
Languages: Czech with English summary  
Nr. of Foods: 500 Nr. of Components: 19  
Year of First Ed.: 1993 Next Ed. Planned: 2000  
File Available as: yes

[File or Database] Ruprich, J., Dofková, M., Kopriva, V.: Food Composition Table.  
Languages: Czech, English  
Nr. of Foods: 500 Nr. of Components: 19  
File Available as: Paradox, dBASE

## Responsible Organisation

District Institute of Hygiene in Teplice  
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## Contact Person

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CzechRepublic  
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## General Database Information

Nr. of Foods: 2865  
Nr. of Components: 18  
Types of Food: Basic Foods: 72% Dishes: 28% Brands: 72%  
Data is Based on: Literature: 2% Estimation: 1%  
Languages: Czech

## Further Remarks

Brands and Basic Foods together; 15 components are own analysis and by calculation.

## Publications

[File or Database] Food Table. Food research institute, 1992.

Languages: Slowak, Czeč  
Nr. of Foods: 2059 Nr. of Components: 17  
Year of First Ed.: 1988  
File Available as: dBASE: SUROVINY.DBF  
Remarks: I. Primary Foods, II. Food products

[File or Database] Colective autor: Vzorové receptury jídel pro závodní stravování. Food service and catering systems. Merkur, 1985.

Languages: Czech  
Nr. of Foods: 505 Nr. of Components: 17  
File Available as: dBASE: CIJAZAV.DBF

[File or Database] Karásek Karel: Recipes Foods for School Caterin. Spolecnost pro výzivu, 1996.

Languages: Czech  
Nr. of Foods: 602 Nr. of Components: 17  
File Available as: dBASE: CIJISKO.DBF

[File or Database] Doberský Premysl a kol: Diet system for hospitals (Diet Type 3). Osvet, 1983.

Languages: Czech  
Nr. of Foods: 208 Nr. of Components: 17  
File Available as: dBASE: CIJID03.DBF

[File or Database] Doberský Premysl a kol: Diet system for hospitals (Diet Type 9). Osveta, 1983.

Languages: Czech  
Nr. of Foods: 166 Nr. of Components: 17  
File Available as: dBASE: CIJID09.DBF

## Responsible Organisation

Institute of Agricultural and Food Information  
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## Contact Person

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## General Database Information

Nr. of Foods: 900  
Types of Food: Basic Foods: 80% Dishes: 5% Brands: 15%  
Data Suitability: Natl. Use Only: 95% Internat. Use: 5%  
Data Sources: Own Analysis: 10% Literature: 80% Calculation: 10%  
Languages: Czech  
Food Description: Based on Czech legislation and standards (not published)  
Comp. Description: According to Czech nutritional recommendations  
Value Description: Data evaluated by group of experts

## Copyright Policy

Private Use: Food Tables I: 50 CK; Food Tables II: 50 CK

## Publications

[Report] Perlín, C., Smrha, O., Stiková, O., Hejda, S. et al.: Potravinové tabulky I (Food Tables I). Czech Nutrition Society Prague, 1992.

Languages: Czech  
Nr. of Foods: 828 Nr. of Components: 15

[Report] 1993

Languages: Czech  
Nr. of Foods: 796 Nr. of Components: 12

## Responsible Organisation

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CzechRepublic  
Fax: +42 0507-903022  
Tel.: +42 0507/423, 2242

## Contact Person

Colonel Josef Dipold

## General Database Information

Nr. of Foods: 1500  
Data is Based on: Own Analysis: 10% Literature: 30%  
Languages: Czech

## Publications

[Software] Czech Army Hygienic Service OHES, 1995.

Year of First Ed.: 1989

Software: P66480 Nutrev software (FoxPro)

## Responsible Organisation

Veterinær- og Fødevaredirektoratet  
Ministeriet for Fødevarer, Landbrug og Fiskeri  
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## Contact Persons

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Dr. Anders Møller  
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## General Database Information

Nr. of Foods: 1500  
Nr. of Components: 260  
Covered Food Groups: All  
Types of Food: Basic Foods: 85% Dishes: 1% Brands: 14%  
Data is Suitable for: Natl. Use Only: 10% Internatl. Use: 90%  
Data is Based on: Own Analysis: 50% Literature: 20%  
Calculation: 25% Estimation: 5%  
Languages: Danish, English, Scientific names  
Food Description: LanguaL (not published); CIAA coding; Eurocode2 (not published);  
NFA coding systems (published)  
Component Description: INFOODS Tagnames, for some components (not published)  
Value Description: Analytical values GLP-evaluated. Median, minimum, maximum, #  
analysis, sample size, reference (source)

## Copyright Policy

Private Use: Source of data should be quoted where appropriate.  
Dataset: € 250 (DKK 1.500)  
Use in Other Databases: Source of data should be quoted where appropriate. Conditions under  
revision, will be strengthened.; Dataset: € 250 (DKK 1.500)  
Commercial Use: Source of data should be quoted where appropriate. Condition under  
revision, will be strengthened.; Dataset: € 2500 (DKK 15.000)

## Publications

[Book]	Møller, A. (ed. Saxholt, E.): Levnedsmiddeltabeller, 4. udgave. National Food Agency of Denmark, DK-2860 Søborg, 1996.
ISBN:	87-601-4742-3
Languages:	Danish Food names; index in English
Nr. of Foods:	826      Nr. of Components: 100
Year of First Ed.:	1983
File Available as:	ASCII file
[Book]	Saxholt, E., Mikkelsen, B.E., Clausen, I., Møller, A.: Levnedsmiddeltabel til brug ved næringsdeklaration. National Food Agency of Denmark, DK-2860 Søborg, 1994.
ISBN:	87-89534-16-6
Languages:	Danish
Nr. of Foods:	743      Nr. of Components: 33
[Book]	Møller, A., Fagt, S., Christensen, T. et al.: Den lille levnedsmiddeltabel. Storkøkkencentret, 1990.
ISBN:	87-89534-02-8
Languages:	Danish
Nr. of Foods:	500      Nr. of Components: 22

## Responsible Organisation

National Public Health Institute  
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Tel.: +358 0 4744 8595  
WWW: <http://www.ctl.fi/fineli/>

## Contact Person

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## General Database Information

Nr. of Foods: 1800  
Nr. of Components: 210  
Covered Food Groups: 40 main-groups, 100 sub-groups  
Types of Food: Basic Foods: 30% Dishes: 68% Brands: 2%  
Data is Suitable for: Natl. Use Only: 100%  
Data is Based on: Own Analysis: 25% Literature: 52%  
Calculation: 11% Estimation: 12%  
Languages: Finnish, English  
Food Description: Food code, name, processing, comments  
Component Description: INFOODS Tagnames  
Value Description: Information on Method of analysis or calculation for each value  
(new values)

## Copyright Policy

Private Use: € 673, FMK 4000  
Use in Other Databases: To be decided  
Commercial Use: € 2523, FMK 15000

## Publications

[File or Database] Fineli Finish Food Composition Database. National Public Health Institute, 1999.

Languages: Finish, English  
Nr. of Foods: 1800 Nr. of Components: 66  
Year of First Ed.: 1996 Next Ed. Planned: 2000  
File Available as: ASCII file

[File or Database] Fineli Finish Food Composition Database. National Public Health Institute, 1999.

Languages: Finish  
Nr. of Foods: 1500 Nr. of Components: 32  
Next Ed. Planned: 2000  
File Available as: <http://www.ctl.fi/fineli/>

## Responsible Organisation

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## Contact Person

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## General Database Information

Nr. of Foods: 1200  
Nr. of Components: 79  
Covered Food Groups: All  
Types of Food: Basic Foods: 46% Dishes: 49% Brands: 5%  
Data is Suitable for: Natl. Use Only: 100% Internatl. Use: 98%  
Data is Based on: Literature: 50% Calculation: 30% Estimation: 20%  
Languages: Finnish, Swedish, English, Scientific names  
Food Description: Own 5-digit numeric code for identification  
Component Description: Own 5-digit code; component name (40 character); Abbreviated name (7 character)  
Value Description: Systematic evaluation of data (not published)

## Copyright Policy

Private Use: € 841 (FIM 5000, excl. VAT)  
Use in Other Databases: € 2523 (FIM 15000, excl. VAT)  
Commercial Use: € 2523 (FIM 15000, excl. VAT)

## Further Remarks

No database fee when included in nutrient calculation program (Nutrica).

## Publications

[Book]	Rastas, M., Seppänen, R., Knuts, L-R., Karvetti, R-L., Varo, P.: Ruokien ravintoainesisälto (Nutrient composition of foods). Kansaneläkelaitos, Turku, 1997.		
ISBN:	951-669-439-X		
Languages:	Finnish, Swedish, English		
Nr. of Foods:	646	Nr. of Components:	30
Year of First Ed.:	1989	Next Ed. Planned:	
File Available:	yes		
Software:	yes		

## Responsible Organisation

Informatic Centre for Food Quality (CIQUAL)  
French Agency for Food Safety (AFSSA)  
23 avenue du Général de Gaulle  
BP 19  
75231 Maisons-Alfort cedex 05  
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Fax: +33 1 49 77 90 05  
Tel.: +33 1 49 77 13 50  
WWW: <http://www.afssa.fr/>

## Contact Person

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Tel.: +33 144 081662  
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## General Database Information

Nr. of Foods: 2050  
Nr. of Components: 600  
Covered Food Groups: All  
Types of Food: Basic Foods: 65% Dishes: 5% Brands: 30%  
Languages: French, English, Scientific names  
Food Description: LanguaL code, COST Action 99/EUROFOODS Recommendations  
Component Description: INFOODS Tagnames as secondary identifier as some components do not have tagnames  
Value Description: Evaluation of incoming data.; minimum, maximum, standard deviation

## Copyright Policy

Private Use: € 650  
Use in Other Databases: free in exchange for data  
Commercial Use: € 1300

## Further Remarks

Data obtained from external laboratories, manufacturers (brands) and literature

**Publications**

[Book]	Favier, J.-C., Ireland-Ripert, J., Toque, C., Feinberg, M.: Répertoire général des aliments, Table de composition. Lavoisier Technique & Documentation, Paris; INRA Editions, 1995.		
ISBN:	2-7380-0655-8		
Languages:	French and English		
Nr. of Foods:	800	Nr. of Components:	36
Year of First Ed.:	1991	Next Ed. Planned:	2000
File Available as:	Available from CIQUAL		
[Book]	Feinberg M., Favier J.-C., Ireland-Ripert J.: Répertoire général des aliments : T.1. Table de composition des corps gras. Lavoisier Technique & Documentation, Paris; INRA Editions, 1987.		
ISBN:	2-85206-429-4		
Languages:	French and English		
Nr. of Foods:	83		
Next Ed. Planned:	2001		
Remarks:	number of components variable; book out of print		
[Book]	Feinberg M., Favier J.-C., Ireland-Ripert J.: Répertoire général des aliments : T.2. Table de composition des produits laitiers. Lavoisier Technique & Documentation, Paris; INRA Editions, 1987.		
ISBN:	2-85206-430-8		
Languages:	French and English		
Nr. of Foods:	108		
Next Ed. Planned:	2000		
Remarks:	number of components variable; book out of print		
[Book]	Favier, J.-C., Ireland-Ripert, J., Laussucq, C., Feinberg, M.: Répertoire général des aliments: T.3. Table de composition des fruits exotiques. Lavoisier Technique & Documentation, Paris; INRA Editions, 1993.		
ISBN:	2-85206-912-1		
Languages:	French and English		
Nr. of Foods:	189		
Remarks:	number of components variable		
[Book]	Lamand M, Tressol, J.-C., Ireland-Ripert, J., Favier, J.-C., Feinberg, M.: Répertoire général des aliments: T.4. Table de composition minérale. Lavoisier Technique & Documentation, Paris; INRA Editions, 1996.		
ISBN:	2-85206-970-9		
Languages:	French and English		
Nr. of Foods:	227	Nr. of Components:	12
[Book]	Ireland-Ripert, J., Favier, J.-C., Tanneau, X., Feinberg, M.: Répertoire général des aliments: T.5. Table de composition des aliments de marque. Lavoisier Technique & Documentation, Paris; INRA Editions, 1997.		
ISBN:	2-7430-0203-4		
Languages:	French		
Nr. of Foods:	406	Nr. of Components:	37

## Responsible Organisation

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Tel.: +33 380 39 33 62

## Contact Person

Dr. Marc Fantino  
chair of dept.

## General Database Information

Nr. of Foods: 1788  
Nr. of Components: 42  
Covered Food Groups: All (-12)  
Types of Food: Basic Foods: 42%      Dishes: 12%      Brands: 46%  
Data is Suitable for: Natl. Use Only: 46%      Internatl. Use: 54%  
Data is Based on: Own Analysis: 3%      Literature: 97%  
Languages: French  
Value Description: Method of analysis or calculation for each value (not published)

## Copyright Policy

Commercial Use: Book : FRF 100 (€ 15); Software: FRF 1.000 (€ 150)

## Publications

[Software] Klepping, J. et al.: Recueil de Données sur la Composition des Aliments.  
Centre d'Étude et d'Information sur les Vitamines, Neuilly sur Seine Centre  
Foch: Scercat, 1996.  
Languages: French  
Nr. of Compon.: 40  
Year of First Ed.: 1989  
Software: NUTRI5

## Responsible Organisation

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## Contact Person

Dr. Monique Astier-Dumas

## General Database Information

Nr. of Foods: 900  
Nr. of Components: 9  
Covered Food Groups: All  
Types of Food: Basic Foods: 50% Dishes: 21% Brands: 16%  
Data is Suitable for: Natl. Use Only: 21% Internat. Use: 79%  
Data is Based on: Own Analysis: 21% Calculation: 2%  
Languages: French  
Food Description: CIAA coding (published)  
Value Description: Method of analysis or calculation for each value, systematic evaluation  
(published); minimum, maximum, standard deviation (not published)

## Copyright Policy

Private Use: FRF 300  
Use in Other Databases: Not applicable  
Commercial Use: Not applicable

## Publications

[Software] NUTRIBASE. Medixia, France, 1994.  
Languages: French  
Nr. of Foods: 900 Nr. of Components: 9  
Next Ed. Planned: 1996  
Software: NUTRIBASE

## Responsible Organisation

Federal Institute for Health Protection of Consumers (BgVV)  
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Tel.: +49 030 8412 3612  
Email: bgvv@bgvv.de  
WWW: <http://www.bgvv.de/>

## Contact Person

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Email: l.dehne@bgvv.de

## General Database Information

Nr. of Foods: 11878  
Nr. of Components: 188  
Covered Food Groups: All  
Types of Food: Basic Foods: 10% Dishes: 30% Brands: 60%  
Data is Suitable for: Natl. Use Only: 20% Internatl. Use: 80%  
Data is Based on: Literature: 20% Calculation: 70% Estimation: 10%  
Languages: German, English  
Food Description: BLS-system: classification and food description code  
Component Description: German only, own system  
Value Description: Method of analysis or calculation for each value, data evaluated systematically, minimum and maximum (not published).

## Copyright Policy

Private Use: DEM 315 (€ 161,09)  
Use in Other Databases: DEM 415 (€ 212,19)  
Commercial Use: DEM 915 (€ 467,83)

## Publications

[File or Database] Der Bundeslebensmittelschlüssel (BLS II.3) / The German Food Code and Nutrient Data Base. BgVV, Berlin, 1999.

Languages: German, English  
Nr. of Foods: 11878 Nr. of Components: 188  
Year of First Ed.: 1989 Next Ed. Planned: 2002  
File Available as: dBase or ASCII files

## Responsible Organisation

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## Contact Person

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## General Database Information

Nr. of Foods: 600  
Nr. of Components: 25  
Covered Food Groups: 13 main food groups  
Types of Food: Basic Foods: 17% Dishes: 100% Brands: 8%  
Data is Suitable for: Natl. Use Only: 100% Internat. Use: 60%  
Data is Based on: Own Analysis: 75% Literature: 5% Calculation: 20%  
Languages: German  
Food Description: Eurocode2 (partly)  
Component Description: German (official names)  
Value Description: Method of analysis or calculation for each component, systematic evaluation of data.; Confidence intervals

## Further Remarks

Further recent publications:

- Bognár, A., Piekarski, J. (2000): Guidelines for Recipe Information and Calculation of Prepared Foods (dishes), Journal of Food Composition and Analysis, to be published.
- Bognár, A. (2000): Tables of Weight Yield and Recommended Average Nutrient Retention Factors during Preparation of Food and Dishes by Cooking. Federal Research Centre for Nutrition, Karlsruhe, available as computer files.

## Publications

[Report]	Bognár, A.: Nährwerttabellen für verzehrfertige Speisen. AID, Bonn, 1990.		
Languages:	German		
Nr. of Foods:	600	Nr. of Components:	25
Year of First Ed.:	1988	Next Ed. Planned:	2001
File Available as:	planned for 2001		
Software:	planned for 2001		
[Software]	Bognár, A. Piekarski, J.: Recipe Calculation System. Federal Research Centre for Nutrition, Karlsruhe or AID, Bonn, .		
Languages:	English, German		
Next Ed. Planned:	1995		
File Available as:	ASCII file		
Software:	Turbo Pascal software		

## Responsible Organisation

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## Contact Person

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## General Database Information

Nr. of Foods: 750  
Nr. of Components: 250  
Covered Food Groups: All (-12,13,14)  
Types of Food: Basic Foods: 75% Brands: 25%  
Data is Suitable for: Natl. Use Only: 25% Internat. Use: 75%  
Data is Based on: Own Analysis: 2% Literature: 90% Calculation: 8%  
Languages: English, German, French  
Food Description: Own code (not published)  
Component Description: Own code (not published)  
Value Description: Method of analysis or calculation for each value, systematic evaluation of litterature; minimum maximum (not published)

## Copyright Policy

Private Use: please contact Medpharm Scientific Publisher, Wissenschaftliche Verlagsgesellschaft; Birkenwaldstraße 44; D-70191 Stuttgart  
Use in Other Databases: please contact Medpharm Scientific Publisher, Wissenschaftliche Verlagsgesellschaft; Birkenwaldstraße 44; D-70191 Stuttgart  
Commercial Use: please contact Medpharm Scientific Publisher, Wissenschaftliche Verlagsgesellschaft; Birkenwaldstraße 44; D-70191 Stuttgart

## Publications

[Book]	Prof. Dr. Heimo Scherz, Dr. Friedrich Senser: Souci-Fachman-Kraut / Food Composition and Nutrition Tables, 5. Ed.. Medpharm Scientific Publisher, CRC Press Stuttgart/Boca Raton, 1994.
ISBN:	3-88763-027-0
Languages:	Food names & introduction in English, German, French
Nr. of Foods:	750
Year of First Ed.:	1968
File Available as:	Available on DOS diskette
Software:	for Windows 3.1

## Responsible Organisation

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## Contact Person

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## General Database Information

Nr. of Foods: 1219  
Nr. of Components: 29  
Covered Food Groups: All  
Data is Suitable for: Internatl. Use: 100%  
Data is Based on: Literature: 81% Calculation: 19%  
Languages: Greek, English  
Food Description: Eurocode2, Eurostat, Country specific (derived from HHBS) (not publ.)  
Component Description: (not published)

## Copyright Policy

Private Use: Printed tables: GRD 4.500 (€ 15)

## Responsible Organisation

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## Contact Person

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## General Database Information

Nr. of Foods: 600  
Nr. of Components: 111  
Covered Food Groups: All  
Types of Food: Basic Foods: 50% Dishes: 20% Brands: 30%  
Data is Suitable for: Natl. Use Only: 10% Internat. Use: 90%  
Data is Based on: Own Analysis: 100%  
Languages: Hungarian  
Food Description: LanguaL (partly published)  
Component Description: INFOODS Tagnames (partly published)  
Value Description: Method of analysis or calculation for each value/component, under supervision of data quality; minimum, maximum (partly published).

## Copyright Policy

Private Use: Presently only for scientific use  
Use in Other Databases: In the future for Food Tables  
Commercial Use: In far future for special users

## Publications

[File or Database] University of Horticulture and Food Industry: Computerized Food Data Bank.  
University of Horticulture and Food Industry, Faculty of Food Industry, Budapest, 1996.

Languages: Hungarian  
Nr. of Foods: 600  
Year of First Ed.: 1994 Next Ed. Planned: 1996

## Responsible Organisation

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## Contact Person

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## General Database Information

Nr. of Foods: 883  
Nr. of Components: 104  
Covered Food Groups: All  
Types of Food: Basic Foods: 90% Dishes: 5% Brands: 5%  
Data is Suitable for: Natl. Use Only: 65% Internat. Use: 35%  
Data is Based on: Own Analysis: 20% Literature: 50%  
Calculation: 20% Estimation: 10%  
Languages: Icelandic, English, Scientific names  
Food Description: Own system  
Value Description: Analytical values GLP-evaluated; minimum, maximum., standard deviation, reference (source)

## Copyright Policy

Private Use: Data available. Agreement in each case.  
Use in Other Databases: Data available. Source of data should be quoted.  
Commercial Use: Data available. Agreement in each case.

## Further Remarks

It is planned to place the database together with a user-friendly educational software on the Internet.

## Publications

[Report] Reykdal, O.: Naeringargildi matvaela. Ministry of Education & Agricultural Research Institute, Reykjavik, 1998.  
Languages: Icelandic  
Nr. of Foods: 640 Nr. of Components: 23  
Year of First Ed.: 1993  
File Available as: ASCII file  
Software: Program written in dBaseIII/Clipper avail.

**Responsible Organisation**

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**General Database Information**

Nr. of Foods: 788  
Nr. of Components: 40  
Covered Food Groups: All  
Types of Food: Basic Foods: 95% Dishes: 4% Brands: 1%  
Data is Suitable for: Natl. Use Only: 100%  
Data is Based on: Literature: 90% Calculation: 6% Estimation: 4%  
Languages: Italian, English, Scientific Names  
Food Description: Is planned for the future  
Component Description: Is planned for the future  
Value Description: Method of analysis or calculation for each value of each component, if different from main method; calculations/estimations described in detail on the publication; no statistical distribution available

**Copyright Policy**

Private Use: Data provided free of charge;  
source of data should be quoted where appropriate  
Use in Other Datab.: Data provided free of charge;  
source of data should be quoted where appropriate  
Commercial Use: by licence only

**Further Remarks**

**ORIGIN OF THE DATA:** The "Food Composition Database for Epidemiological Studies in Italy" can be defined as a compiled DB. Data have been obtained from pre-existing sources and not from chemical analyses. The main sources of the data used are Italian (45% of the data) published by the National Institute of Nutrition, Rome (mainly 1989 ed., by Carnovale & Miuccio) and by the University of Perugia (by F. Fidanza). When Italian data were insufficient, other sources were used: McCance and Widdowson tables, 4th and 5th ed. plus supplements (27%) and the USDA Nutrient Database (16%). Scientific papers and other tables and databases have been also used when necessary (2%). In some instances estimates, assumptions or calculations were made (e.g. starch and soluble carbohydrates, fatty acids, etc.) when specific components were not available (10%). Missing values are reduced to a minimum (only 0.43%).

**Further Remarks (continued)**

An update of the "Food Composition Database for Epidemiological Studies in Italy" is planned. We have started from the inclusion of eighteen aminoacids and two forms of glutathione (Jones DP et al., 1992) using the same methodology as for the published material. The inclusion of seven minerals (Magnesium, Copper, Selenium, Chloride, Iodine, Manganese and Sulphur) and three vitamins (Pantothenate, Biotin and Vitamin B12) is currently conducted. The fatty acids profile will be expanded by adding fourteen items. The inclusion of approximately 180 new food items derived from the updated version of the "Italian Food Composition Table" (Carnovale & Marletta, 1997) is also in progress. To verify the compilation methodology a validation study is planned. The aim of this project is to compare a sample of the published data with ad hoc chemical laboratory analyses. A sample of frequently consumed Italian food items and of items whose composition was totally 'borrowed' from foreign sources will be chemically analysed and the results will be compared with the values included in the database.

**Publications**

[Book]	Salvini, S., Parpinel, M., Gnagnarella, P., Maisonneuve, P., Turrini, A.: Banca Dati di Composizione degli Allimenti per Studi Epidemiologici in Italia. European Institute of Oncology, 1998.
ISBN:	88-900271-0-X
Languages:	Italian, English
Nr. of Foods:	788      Nr. of Components: 40
Next Ed. Planned:	2002
File Available as:	ASCII files
Software:	data have been included in the software "Microdiet", developed by the University of Salford, UK.
Remarks:	This book has been published thanks to funding by the Italian Association for Research on Cancer (AIRC) and to the collaboration with various researchers in Italy. The project was developed in the last few years, due to the need of Italian epidemiologists for a large database containing information on the most important food components of the main food items consumed in our country. Some nutrients, such as beta-carotene, vitamin E, vitamin D, vitamin B6, and folic acid, are of particular interest for epidemiological studies focusing on the relation between diet and chronic disease. The volume includes two methodological chapters describing the main sources of data and the definitions and modes of expression of food components. The third chapter summarises in English the previous chapters. The fourth chapter collects all food composition forms. Chapter five contains the alphabetical index of the food, in Italian and in English. Examples of nutrient and recipe calculations, sources of data, scientific names etc. are given in appendixes. The list of bibliographic sources used for the compilation follows. A computer diskette with data in ASCII format is provided with the book, in order to allow to easily include the data in any nutritional software.

## **Responsible Organisation**

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## **Contact Person**

Dr. Maria Cristina Nicoli

## **General Database Information**

Nr. of Foods:	350			
Covered Food Groups:	1,5,8,9 +coffee			
Types of Food:	Basic Foods: 50%	Dishes: 2%	Brands: 48%	
Data is Suitable for:	Natl. Use Only: 60%	Internatl. Use: 40%		
Data is Based on:	Own Analysis: 100%			
Value Description:	minimum, maximum			

**Responsible Organisation**

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**Contact Person**

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**General Database Information**

Nr. of Foods: 637  
Nr. of Components: 69  
Covered Food Groups: All (-13)  
Types of Food: Basic Foods: 88% Dishes: 2% Brands: 10%  
Data is Suitable for: Natl. Use Only: 20% Internatl. Use: 80%  
Data is Based on: Own Analysis: 68% Literature: 30% Calculation: 2%  
Languages: Italian  
Food Description: Own system (published)  
Component Description: Own system (published), Italien and English  
Value Description: Method of analysis or calculation for each component, using certified reference standard.

**Publications**

[Book]	Carnovale, E., Marletta, L.: Tabelle di Composizione Degli Alimenti, 4. Ed.. EDRA s.r.l., Milano, 1997.		
ISBN:	88-86457-21-9		
Languages:	Italian		
Nr. of Foods:	637	Nr. of Components:	69
Year of First Ed.:	1946	Next Ed. Planned:	2002
File Available as:	dBase IV		

## Responsible Organisation

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Mrs. Susanne Westenbrink  
Responsible for data ditribution  
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Tel.: +31 30 694 47 67  
Email: westenbrink@voeding.tno.nl

Remarks: Website will be operational sometime in 2000.

## General Database Information

Nr. of Foods: 1500  
Nr. of Components: 194  
Covered Food Groups: All  
Types of Food: Basic Foods: 65% Dishes: 10% Brands: 25%  
Data is Suitable for: Natl. Use Only: 60% Internatl. Use: 40%  
Data is Based on: Own Analysis: 55% Literature: 25%  
Calculation: 10% Estimation: 10%  
Languages: Dutch, English  
Food Description: National coding system; work on Eurocode2 in progress, not yet available  
Component Description: Dutch; No INFOODS tagnames used for practical considerations  
Value Description: Method of analysis or calculation for each value and component. No systematic quality index used; evaluation on set of instructions; source codes for origin of data are published

## Copyright Policy

Private Use: Entree fee NLG 1.000. Data on 34 components (complete) NLG 500, upgrade NLG 330. Data on 194 components (partly incomplete) NLG 1200, upgrade NLG 550.  
Use in Other Databases: As above  
Commercial Use: As above + royalty fee according to number of final users

## Publications

[Book] Stichting NEVO / NEVO Foundation: NEVO Table 1996, Dutch Food Composition Database. Netherlands Bureau for Nutrition Education, The Hague, 1996.  
ISBN: 90-51-77031-6  
Languages: Dutch, English index available on request  
Nr. of Foods: 1500 Nr. of Components: 34  
Year of First Ed.: 1977 Next Ed. Planned: 2000  
File Available as: ASCII files on diskette

## Responsible Organisation

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## Contact Person

Mrs. Lidwien van der Heijden

## General Database Information

Nr. of Foods: 1402  
Nr. of Components: 48  
Covered Food Groups: All  
Types of Food: Basic Foods: 60% Dishes: 10% Brands: 30%  
Data is Suitable for: Natl. Use Only: 60% Internatl. Use: 40%  
Data is Based on: Literature: 100%  
Languages: Dutch, English  
Food Description: Eurocode2 is used in derived database.  
Component Description: INFOODS tagnames not yet implemented, considering practical consequences  
Value Description: Method of analysis or calculation for each value no quality index, but screening/check acc. to set of procedures done (not published); Median.

## Publications

[File or Database] Dept. of Human Nutrition HUVOG5 and HUVOG5E Wageningen Agricultural University, 1995.

Languages: Dutch, English  
Nr. of Foods: 1402 Nr. of Components: 48  
Next Ed. Planned: 1996  
File Available as: dBase  
Software: Nutrient cal. KOMEET Database manager VBSEdit

## Responsible Organisation

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## Contact Person

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## General Database Information

Nr. of Foods: 882  
Nr. of Components: 57  
Covered Food Groups: All  
Types of Food: Basic Foods: 75% Dishes: 1% Brands: 24%  
Data is Suitable for: Natl. Use Only: 75% Internat. Use: 25%  
Data is Based on: Own Analysis: 23% Literature: 20%  
Calculation: 28% Estimation: 13%  
Languages: Norwegian, English index  
Food Description: Own system  
Value Description: Not available

## Publications

[Book] National Nutrition Council and Norwegian Food Control Authority:: Den store matvaretabellen 1995. Scandinavian University Press, Oslo, 1995.

ISBN: 82-00-41-607-0  
Languages: Norwegian English index  
Nr. of Foods: 882 Nr. of Components: 57  
Next Ed. Planned: 2000  
File Available as: yes

[Book] National Nutrition Council and Norwegian Food Control Authority:: Matvaretabellen. Scandinavian University Press, Oslo, 1995.

ISBN: 82-00-41-606-2  
Languages: Norwegian  
Nr. of Foods: 670 Nr. of Components: 28  
Next Ed. Planned: 2000  
File Available as: yes

[File or Database] National Nutrition Council and Norwegian Food Control Authority: Norsk matvaretabell 1995. National Nutrition Council, Oslo, 1995.

Languages: Norwegian  
Nr. of Foods: 882 Nr. of Components: 57  
Next Ed. Planned: 2000

## Responsible Organisation

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## Contact Person

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## General Database Information

Nr. of Foods: 781  
Nr. of Components: 78  
Covered Food Groups: 15 main food groups  
Types of Food: Basic Foods: 78% Dishes: 20% Brands: 2%  
Data is Suitable for: Natl. Use Only: 100% Internatl. Use: 20%  
Data is Based on: Own Analysis: 50% Literature: 20% Calculation: 30%  
Languages: Polish, English  
Value Description: Method of analysis or calculation for each value, for each component, no systematic data evaluation

## Copyright Policy

Private Use: 100 polish zloty  
Use in Other Databases: Written permission required  
Commercial Use: Conditions are subject to negotiation

## Publications

[Book]	Hanna Kunachowicz, Irena Nadolna, Beata Przybyla, Krystyna Iwanow: Food Composition Tables. National Food and Nutrition Institute, Warsaw, 1998.
ISBN:	83-86060-44-1
Languages:	Polish, English
Nr. of Foods:	781
Nr. of Components:	78
Next Ed. Planned:	2000 (supplement)
File Available:	yes
Software:	yes
[Book]	Nadolna, I., Kunachowicz, H., Iwaniw, K.: Dishes. Composition and nutritive value. National Food and Nutrition Institute, Warsaw, 1994.
ISBN:	83-86000-15-8
Languages:	Polish, English
Nr. of Foods:	171
Nr. of Components:	58
Next Ed. Planned:	1994

## Responsible Organisation

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## Contact Person

Dr. Eugénia Amaral  
Head, Nutrition and Food Hygiene Department

## General Database Information

Nr. of Foods:	740			
Nr. of Components:	30			
Covered Food Groups:	All (25 food groups)			
Types of Food:	Basic Foods: 87%	Dishes:	5%	Brands: 8%
Data is Suitable for:	Natl. Use Only: 100%			
Data is Based on:	Own Analysis: 61% Calculation: 27%	Literature:	9%	Estimation: 3%
Languages:	Portuguese			
Food Description:	Numerical (not published)			
Value Description:	Method of analysis or calculation: no information available (not published)			

## Copyright Policy

Private Use: Can be used for private and scientific use

## Publications

[File or Database] Eugenia Amaral et al.: PIABAD (similar to UNIDAP). FIMA Produtos Alimentares, Lisboa, 1994.

Languages: Portuguese  
Nr. of Foods: 740 Nr. of Components: 30  
Year of First Ed.: 1994 Next Ed. Planned: 2000  
File Available as: Lotus 1,2,3 and dBase

[Report] Gonçalves Ferriera, F.A., Graça, M.E.S.: Tabela de Composição dos Alimentos Portugueses. National Institute of Health, Lisboa, 1977.

Languages: Portuguese  
Nr. of Foods: 700 Nr. of Components: 25  
Year of First Ed.: 1963 Next Ed. Planned: 2000  
File Available: yes

## Responsible Organisation

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## General Database Information

Nr. of Foods: 3500  
Nr. of Components: 200  
Covered Food Groups: All  
Types of Food: Basic Foods: 20% Dishes: 10% Brands: 70%  
Data is Suitable for: Natl. Use Only: 50% Internat. Use: 50%  
Data is Based on: Own Analysis: 20% Literature: 35%  
Calculation: 44% Estimation: 1%  
Languages: Slovak, English, Scientific Names (for primary foods)  
Food Description: Own 20-digit code  
Component Description: Own 5 digit code  
Value Description: Method of analysis or calculation for each component; data evaluated systematically by expert groups.; minimum, maximum, standard deviation, var. coeff., no. of inputs (can be published); Data quality is evaluated by several control programs

## Copyright Policy

Private Use: Software ALIMENTA III for scientific use: SK 20.000 (EUR 500); Price of choice from database depends on requirements of users; Food Tables I: out of print; Tables II: SK 160 (EUR 4) Food Tables III: out of print; Booklet "The Cholesterol in Foods": SK 14 (EUR 0.5); Food Tables "Fruit and Vegetables": SK 300 (EUR 8); Food Tables "Cereals and Legumes": SK 300 (EUR 8); Food Tables "Milk Products and Eggs": SK 300 (EUR 8).  
Commercial Use: data are not provided for commercial use at present

## Further Remarks

Components include natural toxicants and antinutritive matters.

## Publications

[Report]	Strmiska, F., Holciková, K., Simonová, E. et al.: Food Tables I: Primary foods. Food Research Institute, Bratislava, 1988.	Primary
Languages:	Slovak, English summary and index	
Nr. of Foods:	632	Nr. of Components: 35
Next Ed. Planned:	1997-2001 in several volumes according food commodities	
[Report]	Strmiska, F., Holciková, K., Simonová, E. et al.: Food Tables II: Food products. Food Research Institute and Slovak Society for Nutrition, Bratislava, 1992.	
Languages:	Slovak	
Nr. of Foods:	763	Nr. of Components: 38
Next Ed. Planned:	According food commodities from 1999	
[Report]	Holciková, K., Kováciková, E., Némethová, A., Simonová, E., Vojtassáková, A.: Food Tables III: Food raw materials and dishes for vegetarian diet. Food Research Institute, Bratislava, 1994.	
Languages:	Slovak, English summary and index	
Nr. of Foods:	232	Nr. of Components: 68
Next Ed. Planned:	no plans	
[Software]	Vargic,R., Holciková, K., Simonová, E., Kováciková, E., Vojtassáková, A.: Data Managemnet Software, Version 1.2. Food Research Institute, Bratislava, Food and Nutrition Division of FAO, InfoBus Slovakia, 1998.	
Languages:	Slovak, English	
Nr. of Comp.:	200	
Year of First Ed.:	1998	Next Ed. Planned: 2000
Software:	Own software (WINDOWS)	
Remarks:	Number of foods according to users requirements	
[Software]	Holciková, K., Simonová, E., Kováciková, E., Vojtassáková, A., Simuth, T., Vagic, R., Pekárik, L.: ALIMENTA III:software for food products and diet composition evaluation and comparison with RDA. Food Research Institute, Bratislava, 1998.	
Languages:	Slovak, English	
Nr. of Foods:	1000	Nr. of Components: 200
Year of First Ed.:	1992	Next Ed. Planned: 2000, ALIMENTA IV
Software:	Own software ALIMENTA (WINDOWS)	
Remarks:	more foods can be added according to users requirements	
[Book]	Kováciková, E., Vojtassáková, A., Simonová, E., Holciková, K.: Food Tables: Fruit and Vegetables. Food Research Institute, Bratislava, 1997.	
ISBN:	80-85330-33-4	
Languages:	Slovak, English	
Nr. of Foods:	76	Nr. of Components: 125
File Available as:	dBASE or ASCII files	
Software:	Yes, wirtten in Visual Fox pro	

## Publications (continued)

[Report]	Holciková, K., Kováciková, E., Kutka, J., Simonová, E., Vojtassáková, A.: Booklet on the cholesterol content in foods. Food Research Institute, Bratislava, 1995.
Languages:	Slovak
Nr. of Foods:	345      Nr. of Components: 3
[Software]	Holciková, K., Simonová, E., Kováciková, E., Vojtassáková, A., Simuth, T., Vagic, R., Pekárik, L.: ALIMENTA III: software for food products and diet composition evaluation and comparison with RDA. Food Research Institute, Bratislava, 1998.
Languages:	Slovak, English
Nr. of Foods:	1000      Nr. of Components: 200
[Report]	Holciková, K., Kováciková, E., Kutka, J., Simonová, E., Vojtassáková, A.: Booklet on the Cholesterol content in foods. Food Research Institute, Bratislava, 1995.
Languages:	Slovak
Nr. of Foods:	345      Nr. of Components: 3
[Book]	Vojtassáková, A., Kováciková, E., Simonová, E., Holciková, K.: Food Tables: Milk Products and Eggs. Food Research Institute, Bratislava, 2000.
ISBN:	not known yet
Languages:	Slovak, English
Nr. of Foods:	84      Nr. of Components: 150
File Available as:	DBASE or ASCII files
Software:	Yes, written in Visual FoxPro
[Book]	Vojtassáková, A., Kováciková, E., Simonová, E., Holciková, K.: Food Tables: Cereals and Legumes. Food Research Institute, Bratislava, 1999.
ISBN:	80-85330-62-8
Languages:	Slovak, English
Nr. of Foods:	117      Nr. of Components: 161
File Available as:	DBASE or ASCII files
Software:	Yes, written in Visual FoxPro
[Book]	Kováciková, E., Vojtassáková, A., Simonová, E., Holciková, K.: Food Tables: Fruit and Vegetables. Food Research Institute, Bratislava, 1997.
ISBN:	80-85330-33-4
Languages:	Slovak, English
Nr. of Foods:	76      Nr. of Components: 125
File Available as:	DBASE or ASCII files
Software:	Yes, written in Visual FoxPro

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## General Database Information

Nr. of Foods: 355  
Nr. of Components: 92  
Covered Food Groups: All  
Types of Food: Basic Foods: 93% Dishes: 6% Brands: 5%  
Data is Suitable for: Natl. Use Only: 50% Internatl. Use: 50%  
Data is Based on: Own Analysis: 27% Literature: 70% Calculation: 3%  
Languages: Spanish, English  
Food Description: Eurocode2 (not published)

## Publications

[Book] Olga Moreiras, Angeles Carbalal, Luisa Cabrera: Tablas de composición de alimentos. Piramide. Grupo Anaya, Madrid, 1999.  
ISBN: 84-368-1373-1  
Languages: Spanish  
Nr. of Foods: 355 Nr. of Components: 92  
Year of First Ed.: 1992 Next Ed. Planned: 2000

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## General Database Information

Nr. of Foods: 917  
Nr. of Components: 29  
Covered Food Groups: All  
Types of Food: Basic Foods: 50% Dishes: 12% Brands: 36%  
Data is Suitable for: Natl. Use Only: 50% Internatl. Use: 50%  
Languages: Spanish

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Use in Other Databases: as above  
Commercial Use: as above

## Publications

[Book]	Jose Mataix, Mariano Mañas, Juan Llopis, Emilio Martinez de Victoria, Jose Juan Sanchez, Antonio Borregon: Tabla de Composicion de Alimentos Espanoles, 3 Ed. (Mataix & Mañas, eds). Editorial de la Universidad de Granada, Granada, 1998.		
ISBN:	84-338-2471-6		
Nr. of Foods:	917	Nr. of Components:	29
Year of First Ed.:	1994	Next Ed. Planned:	2002
File Available:	no		
Software:	Yes ("Programa Alimentacion y Salud". Mañas, Mataix, Martinez de Victoria, 1999. Universidad de Granada. Ó BitASDE, General)		
Remarks:	Many processed (ready to eat), low-sodium and hypoallergenic food items are included, as well as especial food for sportsmen or diabetic patients. There is also a lot of nutritional information such as lists of items rich in a particular nutrient.		

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## General Database Information

Nr. of Foods: 1776  
Nr. of Components: 51  
Covered Food Groups: 37 main-groups, 141 sub-groups  
Types of Food: Basic Foods: 65% Dishes: 35% Brands: 1%  
Data is Suitable for: Natl. Use Only: 50% Internatl. Use: 50%  
Languages: Swedish, English explanatory text  
Food Description: Swdish only, English on request  
Component Description: Swedish only, English on request  
Value Description: Not available

## Copyright Policy

Private Use: PC-KOST data file on diskette (ASCII or Excel) SEK 1000  
Use in Other Databases: Special agreement necessary.  
Commercial Use: Special agreement necessary. Complete database SEK 3750 plus fee for each sold copy

## Publications

[Book]	Statens Livsmedelsverk (Swedish National Food Administration): Livsmedelstabell: Energi och näringssämnen. Statens Livsmedelsverk, Uppsala, 1996.
ISBN:	91-7714-071-0
Languages:	Swedish, with English introduction and index
Nr. of Foods:	1100      Nr. of Components: 34
Year of First Ed.:	1978      Next Ed. Planned: 1999
File Available as:	ASCII or Excel files
Remarks:	Data files: 1776 foods/50 nutrients, refuse
[Book]	Statens Livsmedelsverk (Swedish National Food Administration): Livsmedelstabell: Fettsyror (Fatty Acids). Statens Livsmedelsverk, Uppsala, 1998.
ISBN:	91-7714-108-3
Languages:	Swedish, with English introduction and index
Nr. of Foods:	550      Nr. of Components: 21
Year of First Ed.:	1989
[Book]	Statens Livsmedelsverk (Swedish National Food Administration): Livsmedelstabell: Aminosyror (Amino Acids). Statens Livsmedelsverk, Uppsala, 1996.
ISBN:	91-7714-073-7
Languages:	Swedish
Nr. of Foods:	320      Nr. of Components: 20
[Report]	Statens Livsmedelsverk (Swedish National Food Administration): Näringsstoppen: en guide till näringssrika livsmedel. Statens Livsmedelsverk, Uppsala, 1992.
Languages:	Swedish
Nr. of Foods:	360      Nr. of Components: 18
[Book]	Statens Livsmedelsverk (Swedish National Food Administration): Livsmedelstabell: Kolhydrater (Carbohydrates). Statens Livsmedelsverk, Uppsala, 1996.
ISBN:	91-7714-074-5
Languages:	Swedish
Nr. of Foods:	250      Nr. of Components: 16
Remarks:	Special tables included in earlier editions of food composition table. Will now be published separately.
[Book]	Statens Livsmedelsverk (Swedish National Food Administration): Livsmedelstabell: Mineralamnen och Spårelement (Minerals and Traces). Statens Livsmedelsverk, Uppsala, 1996.
ISBN:	91-7714-075-3
Languages:	Swedish
Nr. of Foods:	280      Nr. of Components: 15

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## General Database Information

Languages: German, French, Italian, English will be added in the future  
Food Description: Formally according to COST 99 / EUROFOODS Recommendations.  
However, not all properties suggested in the recommendations are supported. Foods are also classified using the Swiss product code classification system.  
Component Description: According to COST 99 / EUROFOODS Recommendations, incl. INFOODS Tagnames  
Value Description: According to COST 99 / EUROFOODS Recommendations, incl. proprietary three level quality index for each value.

## Copyright Policy

No policy known yet.

## Further Remarks

A first version of the Swiss Food Composition Database will be ready at the end of 2000. At the same time a Swiss Food Composition Table will be published. It is also planned to publish the data in electronic form (files, on-line for subscribers) and to integrate the data in third party software products for various applications. It is planned to produce a table with about 1000 typical foods used in the Swiss diet. The data are obtained partly from local analytical sources. If no Swiss analytical data are available, we evaluate literature data, especially the food composition databases of our neighbouring countries.

The Project has its own homepage at <http://food.ethz.ch/swifd/>.

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## General Database Information

Nr. of Foods:	250			
Covered Food Groups:	All			
Types of Food:	Basic Foods: 20%	Dishes: 5%	Brands: 75%	
Data is Suitable for:	Natl. Use Only: 85%	Internatl. Use: 15%		
Data is Based on:	Own Analysis: 50%	Literature: 40%		
	Calculation: 5%	Estimation: 5%		
Languages:	Turkish			
Food Description:	Own system			
Component Description:	According to Institute of Turkish Standards Documents for accordance with EU and CODEX forms are being prepared			
Value Description:	Method of analysis or calculation for each value/component, quality index for some products only; minimum, maximum			

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## General Database Information

Nr. of Foods: 3200  
Covered Food Groups: All  
Types of Food: Basic Foods: % Dishes: 20% Brands: %  
Data is Based on: Own Analysis: 70% Literature: 10%  
Calculation: 15% Estimation: 5%  
Languages: English, Scientific names  
Food Description: Not applicable  
Component Description: Not applicable  
Value Description: Method of analysis or calculation for each value/component Analyses in accredited labs, all data reviewed by expert committee (published in scientific papers)

## Copyright Policy

Private Use: Source of data should be quoted where appropriate.  
Use in Other Databases: Permission must be obtained to reproduce data in printed format. Fee depends on quantity of data and sales.  
Commercial Use: By license only. Royalties payable on copies of the data sold.

## Further Remarks

Nearly all recipes are calculated.

## Publications

[Book] B Holland, I D Unwin, and D H Buss: Cereals and Cereal Products. The Royal Society of Chemistry, Cambridge, 1988.

ISBN: 0-85186-743-X

Languages: English

Nr. of Foods: 360 Nr. of Components:

File Available: yes

Remarks: Crown Copyright

[Book] B Holland, I D Unwin, and D H Buss: Milk Products and Eggs. The Royal Society of Chemistry, Cambridge, 1989.

ISBN: 0-85186-336-3

Languages: English

Nr. of Foods: 335 Nr. of Components: 55

File Available: yes

Remarks: Crown Copyright

[Book] B Holland, I D Unwin, and D H Buss: Vegetables, Herbs and Spices. The Royal Society of Chemistry, Cambridge, 1991.

ISBN: 0-85186-376-0

Languages: English

Nr. of Foods: 462 Nr. of Components: 55

File Available: yes

Remarks: Crown Copyright

[Book] B Holland, A A Welch, I D Unwin, D H Buss, A A Paul, and D A T Southgate: The Composition of Foods (5th edition). The Royal Society of Chemistry, Cambridge, 1991.

ISBN: 0-85186-391-4

Languages: English

Nr. of Foods: 1188 Nr. of Components: 40

File Available: yes

Remarks: Crown Copyright

[Book] B Holland, I D Unwin, and D H Buss: Fruits and Nuts. The Royal Society of Chemistry, Cambridge, 1992.

ISBN: 0-85186-386-8

Languages: English

Nr. of Foods: 340 Nr. of Components: 55

File Available as: yes

Remarks: Crown Copyright

[Book] W Chan, J Brown, S M Lee, and D H Buss: Meat Poultry and Game. The Royal Society of Chemistry, Cambridge, 1995.

ISBN: 0-85186-380-9

Languages: English

Nr. of Foods: 429 Nr. of Components: 62

File Available: yes

Remarks: Crown Copyright

## Publications (continued)

[Book]	B Holland, A A Welch, and D H Buss: Vegetable Dishes. The Royal Society of Chemistry, Cambridge, 1992.		
ISBN:	0-85186-396-5		
Languages:	English		
Nr. of Foods:	340	Nr. of Components:	53
File Available:	yes		
Remarks:	Crown Copyright		
[Book]	B Holland, J Brown, and D H Buss: Fish and Fish Products. The Royal Society of Chemistry, Cambridge, 1993.		
ISBN:	0-85186-421-X		
Languages:	English		
Nr. of Foods:	308	Nr. of Components:	79
File Available:	yes		
Remarks:	Crown Copyright		
[Book]	W Chan, J Brown, and D H Buss: Miscellaneous Foods. The Royal Society of Chemistry, Cambridge, 1994.		
ISBN:	0-85186-360-4		
Languages:	English		
Nr. of Foods:	418	Nr. of Components:	82
File Available:	yes		
Remarks:	Crown Copyright		
[Book]	W Chan, J Brown, S M Church, and D H Buss: Meat Products and Dishes. The Royal Society of Chemistry, Cambridge, 1996.		
ISBN:	0-85404-809-X		
Languages:	English		
Nr. of Foods:	280	Nr. of Components:	69
File Available:	yes		
Remarks:	Crown Copyright		

# Food Groups

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## **Food groups referenced in the data field *Covered Food Groups***

1. Milk and milk products
2. Eggs and egg products
3. Meat and meat products
4. Fish, molluscs, reptiles, crustaceans and -products
5. Oils, fats and -products
6. Grains and grain products
7. Pulses, seeds, kernels, nuts, and -products
8. Vegetables and vegetable products
9. Fruits and fruit products
10. Sugar, chocolate, confectionery and -products
11. Beverages (non-milk)
12. Miscellaneous, soups, sauces, snacks and -products
13. Products for special nutritional use